

CARBERIONS EXPEDITIONS

Sun, sea, sand and sunbeds await - two amazing fly-cruise holidays just launched



All Inclusive upgrade only £10

On sale from 1st August £200_{pp}
FREE
on board
spend*

From only **£70** pppn**







In response to Fred. Olsen's hugely popular return to fly-cruising in the Caribbean, we are launching a new programme of 2015/16 itineraries, with not one, but two fantastic longer adventures to this seductive hot spot.

You need time to truly appreciate the outstanding beauty, culture, and variety of this region, and that's what these cruises give you. Escape the damp, grey, miserable British winter for something much more appealing. Sun-kissed beaches, soft white sand, cobalt waters, relaxed culture and the vibrancy of the Caribbean await – with a dash of exotic excitement thrown in for good measure. So, relax, unwind and float away to the Caribbean on your dream holiday.

Last year, our Caribbean cruises practically sold out within days of going on sale. As you know, the best cabins will sell first, so, don't lose out, call now.

Can you resist the beauty, warmth and seduction of the Caribbean - especially with these special launch* prices?



Braemar – your home from home

Step on board. Carrying a maximum of around 900 passengers, *Braemar* was designed for warm weather cruising. A five-deck high atrium area and cascading decks at the stern give space and intimacy in perfect balance. Enjoy comfortable cabins, world-class cuisine and a diverse choice of on board facilities and leisure activities. Find out more at

www.fredolsencruises.com/our-ships/braemar

Great value prices*

A Fred. Olsen cruise is always great value and these sailings are no exception. With prices* starting from just £2,999pp, only £70 per person, per night, and so much included, you can just relax and enjoy every moment. Remember, fares and our special launch offers, are capacity controlled so please call for the latest prices and cabin availability.

Up to £200_{pp} free on board spend* - if you book by 22nd August 2014

For a limited time on these sailings, we are offering up to £200 per person on board spend*.

Plus, you can upgrade to All Inclusive for only £10_{pppn}*

Upgrade your fly-cruise holiday with our All Inclusive package and you'll enjoy selected beers, wines, spirits and soft drinks all day and many premium drinks and cocktails are available at half price too. Please see our website for full terms and conditions.





There's so much included in the price of your cruise:

- All meals throughout your cruise, from five-course à la carte dining to casual buffets and late-night snacks
- Tea and coffee throughout the day and early evening and afternoon tea with sandwiches & cakes
- Air conditioned en-suite rooms
- All evening entertainment, including dancing and cabaret shows
- A choice of daytime activities
- Leisure facilities including gym, swimming pools and Jacuzzis
- Captain's Cocktail Party and Gala Buffet





The Cream

Two exceptional, extended voyages touching South America and showing you the very best of the luxurious Caribbean.

The Caribbean with a South American twist – enjoy the beauty of the Caribbean including Barbados, Tobago and St Vincent combined with the mystique of the Amazon and the rhythms of Brazilian Samba.

You may prefer the Caribbean with a Latin America splash – soak up Antigua, St Lucia and St Kitts coupled with vivacious Jamaica, the old pirate haunt of Tortola and see finned 1950's Cadillacs cruise Havana's streets.



Caribbean, Canaries, Cuban and Colombian Adventure

Havana

Sails from Santa Cruz, Tenerife • 23rd December 2015 • 43 nights • Braemar • M153302

Pricing per person

Cruise only prices:

Cabin Type	Special Launch price*
Inside twin from	£3,249pp
Outside twin from	£3,949pp
Balcony from	£6,199pp
Suites from	£7,849pp
Inside Single from	£5,649pp

Flight supplement: £650pp

Flights from Gatwick or Manchester include transfers to and from the ship, and bonded luggage* ship to airport, where applicable.

There are a limited number of cabins available at the 'from' price. Prices correct at time of going to print, but are capacity controlled and may change at any time. Call for latest prices.



Grand Turk

December	2015		
Wed 23	Arrive		Santa Cruz, Tenerife
Thu 24		early pm	Santa Cruz, Tenerife
Fri 25 - We	ed 30		Cruising
Thu 31	early pm		Bridgetown, Barbados
January 20	016		
Fri 01		late pm	Bridgetown, Barbados
Sat 02	early am	late pm	Roseau, Dominica
Sun 03	early am	late pm	Basseterre, St. Kitts
Mon 04	early am	late pm	Road Town, Tortola
Tue 05	early am	late pm	St. John's, Antigua
Wed 06	early am	late pm	Castries, St. Lucia
Thu 07	early am		Bridgetown, Barbados
Fri 08		late pm	Bridgetown, Barbados
Sat 09	early am	late night	St. George's, Grenada
Sun 10	early am	late pm	Castries, St. Lucia
Mon 11	early am	late night	St. John's, Antigua
Tue 12	early am	late night	Road Town, Tortola
Wed 13	early am	late pm	Philipsburg, St. Maarten
Thu 14			Cruising
Fri 15	early am	late pm	Grand Turk, Turks

Date	Arrive	Depart	Destination
Sat 16			Cruising
Sun 17	late pm		Havana, Cuba
Mon 18		late pm	Havana, Cuba
Tue 19			Cruising
Wed 20	early pm		Montego Bay, Jamaica
Thu 21			Montego Bay, Jamaica
Fri 22		late pm	Montego Bay, Jamaica
Sat 23			Cruising
Sun 24	early am	late pm	Cozumel, Mexico
Mon 25	early am	late night	Belize City, Belize
Tue 26	early am	late pm	Roatan Island, Honduras
Wed 27 - Th	u 28		Cruising
Fri 29	early am	late pm	Colon, Panama
Sat 30	early pm	late night	Cartagena de Indias, Colombia
Sun 31	early am	late pm	Santa Marta, Colombia
February 2016			
Mon 01	early pm	late pm	Oranjestad, Aruba
Tue 02			Cruising
Wed 03	early pm		Bridgetown, Barbados
Thu 04		Depart	Bridgetown, Barbados

From Santa Cruz, Tenerife

of the Caribbea







Recommended Experiences:

Santa Cruz, Tenerife, Canary Islands

Santa Cruz is built around boulevards and wide avenues that link elegant squares and parks. A tour to the mystical and intriguing Pyramids of Guimar is a must.

Bridgetown, Barbados

Fringed with 70 miles of beaches, the paradise island of Barbados has a tropical climate, and with a British feel, it is a favourite with tourists. Bridgetown is home to the famous Kensington Oval cricket stadium.

Cozumel, Mexico

Cozumel has over 40 shrines to lxchel - the Mayan goddess of the moon, the sea and fertility. Visitors can snorkel the coral reefs and relax on the sandy beaches; or visit the Chankanaab National Park, known for its beach, reef and botanical garden.

Belize City, Belize

Belize City is a tightly-packed jumble of narrow streets and canals with handsome colonial houses, seaside parks, bustling shopping areas and sailboats floating effortlessly at the mouth of Haulover Creek.

Roatan Island, Honduras

Surrounded by a rich coral reef, Roatan Island is a genuine tropical paradise, ideal for swimming or snorkelling in the clear turquoise waters. Be sure to take in the beautiful gardens and the unusual butterfly and iguana farms too.

Colon, Panama

Panama's Colon is best known as the gateway to the Miraflores Locks, where visitors can watch one of the world's greatest engineering feats - the Panama Canal - in action. See enormous locks that lift ships up 25.9 m (85 ft) to the main elevation of the Canal.

Cartagena de Indias, Colombia

Experience Centro Amurallado, the heart of Cartagena. This walled city is guarded by a fortress built to protect it from pirates and storms. Within the walls there are beautiful colonial buildings, plazas and churches.

Santa Marta, Colombia

Santa Marta has one of the most beautiful bays you will ever see. It's full of natural charm, sea breezes and pure mountain air. The oldest city in South America holds an unrivalled architectural heritage that evokes the times of the banana bonanza.

Oranjestad, Aruba

As well as having fabulous beaches, Oranjestad is a keepsake and nicknack paradise, packed full of shops ripe for browsing. Try the local 'Balashi' beer as a way to get a taste of the island.

Scarborough, Tobago, Trinidad and Tobago

Scarborough is a lively little town dominated by the 18th century Fort King George, which offers superb views out over Scarborough and the sea. Visit the colourful market; admire the beautiful Argyle Waterfall; or relax on the white sands of Pigeon Point Beach.

St George's, Grenada

St George's is often referred to as the prettiest harbour town in the West Indies. Take a water taxi to Grand Anse Beach and lie back on golden sands, bathed by cool cobalt waters. Relax and absorb Grenadian culture, spices, sights and sounds over a glass of local rum.

n, Cuba, Jamaica

Kingstown, St Vincent and Grenadines

Beautifully unspoilt, St. Vincent is a haven just waiting to be explored. Take a stroll along the waterfront in Kingstown; visit the Botanical Gardens; or enjoy the dramatic scenery of black sand beaches and thunderous surf, framed by lush mountains.

Roseau, Dominica

From Roseau, you can travel to Dominica's exotic tropical rainforest interior. Discover rich flora and fauna, deep lakes and glittering waterfalls set in a gorgeous landscape.

Basseterre, St Kitts

Basseterre, the capital of St Kitts, is one of the oldest towns in the Eastern Caribbean. The rich history reflects French and English rule, yet it retains much of its Georgian architecture.

Recommended tour: St. Kitts Shore Tour: Scenic Railway – Be a passenger on the St. Kitts Railway, considered by many as one of the most attractive train rides in the world.

Road Town, Tortola

Tortola was a famous pirate haunt of old, and is an absolute delight. With bays and coves with fine white sand and shady palms, snorkelers can explore a world of sea fans, sponges, parrotfish and corals.

Grand Turk, Turks and Caicos Islands

Grand Turk is the place to enjoy a bite to eat at the beachfront bars and restaurants. The snorkelling and scuba

diving is rated as amongst the best in the world.

Philipsburg, St Maarten

Discover the French and Dutch sides of the island of St Maarten, home to great food, pristine beaches and a cosmopolitan atmosphere with a Caribbean twist.

Recommended tour: St. Maarten 12-Metre Challenge – Experience the thrill of racing an America's Cup race boat through the blue waters off the coast of St. Maarten.

St John's, Antigua and Barbuda

St John's, Antigua, is a lively place to explore. With beaches, shopping, markets, history, culture and bars, there's something for everyone.

Castries, St Lucia, West Indies

Enjoy Castries Market, named one of the top 10 markets in the world by National Geographic magazine. Don't miss the Pitons, with their awe-inspiring peaks!

Havana, Cuba

Most cruise ships are not allowed in to Cuba, but Braemar is warmly welcomed. Experience a rush of art, culture, dancing, rum and cigars – that most cruisers never see.

Montego Bay, Jamaica

Montego Bay is perhaps the most exciting place in this lush, green country. Stroll along the main street where you'll find plenty of shops, bars and cafés. Visit Doctor's Cave Beach, with glorious sands and turquoise waters.

Santarem, Brazil

The centre of Santarém is home to the Mercado Modelo – city market – filled with stores, boutiques and other shops. Don't miss the famous 'wedding of the waters' – the meeting of the different colours of the Amazon and Tapajós rivers.

Boca do Valeria, Brazil

The tiny Indian village of Boca da Valeria is one of thousands of tiny settlements in the Amazon basin: fewer than a hundred people live here, in wooden stilt houses amid jungle lakelands.

Manaus, Brazil

Manaus is the Amazon's largest city, resting along the left bank of the Rio Negro, which merges with the muddy Amazon. Riverboats journey through the myriad estuaries and small creeks, where you'll be able to catch sight of the region's rich, diverse wildlife.



and Brazil

Recommended tour: Caiman Spotting in the Evening – In the depths of darkness, venture into the flooded forest, in search of the glinting eyes of caiman.

Parintins, Brazil

Parintins is situated on an island in the Amazon River and home to the captivating Boi Bumba folk festival, the biggest in Brazil after the Carnival in Rio. The port area has a colourful floating market with dozens of boats, selling fruit, vegetables, fish and souvenirs.

Devil's Island (Ile Royale), French Guiana

Formerly the site of a French penal colony, Devil's Island was depicted in the novel and film Papillon, written by one of the island's prisoners, Henri Charrière. Discover the remains of this notorious time, or explore on foot, looking out for colourful macaws, monkeys and sea turtles.

Ponta Delgada, Azores

Ponta Delgada has a very cosmopolitan atmosphere, with a fine selection of parks, narrow cobbled streets and squares and a modern marina. San Miguel is lovely, with lakes, mountains and lush valleys, together with fine sandy beaches lapped by the deep blue ocean.

Caribbean, Amazon and West Indies Discovery

Sails from Bridgetown, Barbados • 4th February 2016 • 43 nights Braemar • M160305



Pricing per person

Cruise only prices:

Cabin Type	Special Launch price*
Inside twin from	£2,999 _{pp}
Outside twin from	£3,549pp
Balcony from	£5,649pp
Suites from	£7,149pp
Inside Single from	£5,149 _{pp}

Flight supplement: £450_{pp}

Flights from Gatwick or Manchester include transfer to the ship and bonded luggage* where applicable.

There are a limited number of cabins available at the 'from' price. Prices correct at time of going to print, but are capacity controlled and may change at any time. Call for latest prices.

Date	Arrive	Depart	Destination
February 2	016		
Thu 04	Arrive	late night	Bridgetown, Barbados
Fri 05 - Mor	า 08		Cruising
Tue 09	early pm	late night	Santarém, Brazil
Wed 10	early am	early pm	Boca do Valeria, Brazil
Thu 11	early pm		Manaus, Brazil
Fri 12		late pm	Manaus, Brazil
Sat 13	early am	late pm	Parintins, Brazil
Sun 14 - Mo	on 15		Cruising
Tue 16	early am	late pm	Devil's Island , French Guiana
Wed 17			Cruising
Thu 18	early am		Bridgetown, Barbados
Fri 19		late pm	Bridgetown, Barbados
Sat 20	early am	late night	Scarborough, Tobago
Sun 21	early am	late night	St. George's, Grenada
Mon 22	early am	late pm	Kingstown, St. Vincent
Tue 23	early am	late pm	Roseau, Dominica
Wed 24	early am	late pm	Basseterre, St. Kitts
Thu 25	early am	late pm	Road Town, Tortola
Fri 26			Cruising
Sat 27	early am	late pm	Grand Turk , Turks & Caicos Isl.
Sun 28			Cruising
Mon 29	early am	late night	Philipsburg, St. Maarten
March 201	5		
Tue 01	early am	late pm	St. John's, Antigua
Wed 02	early am	late pm	Castries, St. Lucia
Thu 03	early am		Bridgetown, Barbados
Fri 04		early pm	Bridgetown, Barbados
Sat 05	late am	late night	St. John's, Antigua
Sun 06	early am	late pm	Philipsburg, St. Maarten
Mon 07 - Sa	at 12		Cruising
Sun 13	early pm		Ponta Delgada, Azores
Mon 14		early pm	Ponta Delgada, Azores
Tue 15 - Th	u 1 7		Cruising
Fri 18	AM		Southampton





*These terms and conditions are in addition to Fred. Olsen's standard Terms and Conditions that apply to all bookings. Fred. Olsen's full set of Terms and Conditions are available on our website, fredolsencruises.com and on request. We advise all passengers to review these before booking. Information shown is correct at time of going to press (July 2014). All offers may be withdrawn or amended at any time without prior notice, cannot be combined, are subject to availability and cannot be applied retrospectively. Some ports may be at anchor, intermediate days are at sea. We reserve the right to amend itineraries for operational reasons, pppn is per person, per night. Special launch price: applies to prices shown in this brochure. Discount cannot be applied retrospectively or combined with other Fred. Olsen promotional offers (except the Fred. Olsen Enjoyment Promise). Prices will be reviewed 22nd August 2014. On board spend is per person (maximum of two people per booking) and varies depending on cabin type. There is no cash alternative or refund offered for unused on board spend. Offer ends 22nd August 2014. All Inclusive upgrade offer covers selected house wines by the glass, beers, spirits and soft drinks, subject to availability. Tours, tips, premium drinks, medical facilities and other spend, during travel to the ship and while on board, are not included. Any additional expenditure will need to be paid separately. Fly-crusies are based on economy fares, include APD where applicable and include flights) and transfer(s) to/from the ship. Fly-crusies are based on economy fares, include APD where applicable and include flights) for the ship. Reparate supplement for flights and transfers is shown. Please note bonded baggage is not guaranteed and could be withdrawn at any time. Images shown are purely representative of the Caribbean and are not necessarily visited on this cruise itinerary. "Based on cruise only price. We would like to keep you up to date with relevant offers and news from Fred. Olsen. Should you